

FREE THE
CHILDREN

Pen Pal Support

What kind of lives do the

Children supported by FTCJ lead?

In this digital age, analog methods can
sometimes be more effective



THE PEN PAL PROGRAM SUPPORTS THE COMMUNITY AND ALLOWS DONORS TO OBSERVE THE CHILDREN'S DEVELOPMENT

FTCJ aims to address issues such as poverty and malnutrition
among children in Aeta communities in the Philippines.

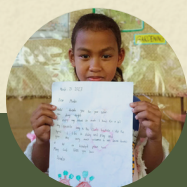
We are currently **recruiting Pen Pal Supporters** to
help Aeta children together.



SCAN TO APPLY

Through the Pen Pal Supporter program, you can continuously support a specific community with a monthly donation of ¥3,000

As a supporter...



Write and connect with the children

The letters allow donors to connect personally with the children and learn about their home life, schooling, and dreams for the future. Enabling donors to provide emotional, as well as financial, support to the community.



Receive regular photo updates from the community

1-2 times per year, donors receive activity reports and photographs of the Pen Pals from the community site. Highlighting the children's growth and outcome of the project through the donation.



Opportunities to meet with Pen Pals

FTCJ also offers supporters the opportunity to visit the community site, which may be difficult to visit as a tourist. Meeting with Pen Pals and experiencing the rich natural beauty of the Philippines.

Issues Faced By the Communities We Support

In the rich natural environment of Luzon, the Northern region of the Philippines, there is an indigenous Aeta community. The Aeta people heavily rely on natural resources for their basic necessities but have seen a depletion of resources due to climate change and urban development in the region. They now face challenges related to poverty, like malnourishment. Research indicates that around 80% of children from the community are born underweight. Not only does the lack of nutrition affect their physical development, but it also hinders their ability to receive a proper education. Children without consistent access to proper nutrition may be unable to concentrate in school or miss school regularly due to illness. In 2025, FTCJ launched its Pen Pal Supporter program to create an environment in which children can receive quality education. The first step? To provide elementary school students with school lunches, in cooperation with local partner organization, the Preda Foundation.



FAQs

01

What language should I write the letter in?

You can write your letters in English, Japanese, or Tagalog (Filipino)! If you prefer to write the letter in Japanese, FTCJ has an online submission form (see more details through the QR code below). Please avoid sending handwritten letters in Japanese to ensure a smooth translation process from Japanese to Tagalog.

02

Do I have to write a letter to support the community?

No, writing letters is not mandatory for project supporters. You can write and send letters when it is convenient for you. Currently, half of the community's supporters do not write letters.

03

Can I receive a donation deduction 「寄付控除」 for my taxes?

Yes! FTCJ has been a certified NPO 「認定NPO法人」 since March 16, 2012. You can receive a tax deduction when you submit the official receipt that will be issued to you by FTCJ for your donation.

04

Can I stop supporting in the middle of the fiscal year?

Yes, this is possible. As this project relies heavily on donors' support, we strongly urge donors to commit to supporting the community for the full year. However, in the case where donors may feel unable to do so, FTCJ can assist in ending your donor partnership

TESTIMONIALS



"I've been exchanging letters with a Pen Pal in the Philippines for a while now. Sometimes, I worry when I hear about natural disasters in the area, however, it's great to be able to see their growth through the photos. Whenever I find a photo of their smiling faces on the report, it makes me happy, as if they're my own children." (Working adult)



"I thought it was great getting to exchange letters with people from the Philippines. Through the program, I've made new friends too! These letters might be some of the best I've ever received. I like how we can continuously send letters back and forth." (An Elementary School Student)



"I first started doing the pen pal program solely to support those in need. Over time, my pen pal and I have grown to think of each other as family and mutually support one another. For me, this program is a great way to expand my horizon; and I find comfort in knowing there is someone out there supporting me." (Working Adult)

PEN PAL DETAILS AND APPLICATION

search

FTCJ ペンパル



FREE THE CHILDREN

Building a society where children can believe that "the world can be changed"
Certified NPO, Free the Children Japan

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or scan the QR code on the right