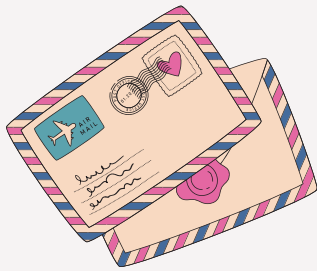


FREE THE
CHILDREN



Project Proposal

Penpal program

Fund-raise for school soup kitchen program
at Aningway-Sacatihan Elementary/High School

PROPOSED BY

Free The Children Japan



Project

Background

When we visited Aningway-Sacatihan Elementary/High School located in the Aeta community in March 2024, we learned from the teachers that many of their students are not eating enough at home. They told us how important it is to provide meals for students at school, which encourages parents to send their children to school so students can continue their education, instead of helping their family in the farms.



However, the teacher also told us that the budget had been very limited and teachers sometimes had to spend their own pocket money to provide food for the students.

We value education for children, to create a sustainable strong community. Getting nutritious food is essential for children to be able to grow healthy, and focus on their education.

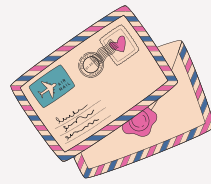
This project proposal is to help fundraising continuously for the school meal budgets as well as other programs that Preda provides in this community.



Penpal program is one of the fundraising programs that Free The Children Japan has been operating overseas for over 15 years, in cooperation with local NGOs. This program is not only for fundraising but also provides a great educational opportunity for children, as they can try using English and make international friends.

What is

Penpal Program



Penpal program is a letter-exchange program between children in the supported community and the Japanese participants (donors). Japanese participants pay the participation fee(donation) to join this program, and in return they can send and receive letters to and from one of the children(their "penpals") in the community where they support. They can exchange letters twice a year.

Donors can see how their donation is being used and how it is making impacts in the community while enjoying exchanging letters with their Filipino penpals.

The school selects children who want to join this program and create a profile list. We like to ask each child to continue participating for at least 4 years or longer, so that both Japanese participants and Filipino children have time to get to know each other and become friends (penpals).

The donation is for the community, not for a specific child (it is not a scholarship program).



Project Goal

Main Goal

Fundraise for the school lunch budget + PREDA's activities in the community

ex: children's rights workshops, fairtrade farming training, etc.

- Better nutrition and energy for children
- More children keep attending school instead of working
- Children can learn about their human rights and protect themselves from exploitation

Other values of this project

For children at Aningway-Sacatihan school

Children can make Japanese friends!

- Learn about different cultures in another country
- Children can practice writing and reading English

For Japanese participants (donors)

Donors can see how their donations are being used

- They can understand more about the community while enjoying communication with their Filipino penpals
- They can see the achievement of their donation as well as their penpal's growth through their letters and reports.





Project Budget

Donation amount will depend on the number of the Japanese participants (donors).

Number of Japanese Participants (donors)

Donation amount

50 participants	-----	JPY 1,000,000/year
30 participants	-----	JPY 650,000/year
20 participants	-----	JPY 430,000/year

Based on the amount we spent for the soup kitchen program in March 2024, we calculated; **approx. PHP 1,500** to provide all the students one meal at school, and 190 school days per year.

Number of Japanese Participants (donors)

Example of how the donation can be used

50 participants	-----	1 meal on every school days + budget for Preda's work (workshops, training etc.)
30 participants	-----	1 meal on 125 days (2/3) + budget for Preda's work (workshops, training etc.)
20 participants	-----	1 meal on 95 days (1/2) + budget for Preda's work (workshops, training etc.)



Project Timeline



Japanese Participants (donors) and children
exchange letters twice a year

PREDA / School

Free The Children Japan

July		Collect letters from Japanese participants
August	Receive letters from Japan Give letters to each child	Send letters to Preda
September	Collect response letters from each child	
October	Send letters to Japan	Receive letters from Preda Send letters to each participant
January		Collect letters from Japanese participants
February	Receive letters from Japan	Send letters to Preda
March	Give letters to each child Collect response letters from each child	
April	Send letters to Japan	Receive letters from Preda
May		Send letters to each participant

School/PREDA/FTCJ's

Roles and responsibilities



School

Make kid's profile list

- Select students who want to join this program
- Create children's profile with photos and messages from each child,
- Update the profile every year

Letter management

- Hand each letter to the child
- Make sure children write letters to their Japanese penpals
- Translate if not written in English
- Collect letters and give to Preda

Make reports/updates

- Make reports with photos & videos of the soup kitchen program, school events, village events, news, etc. (Twice a year)

PREDA

Letter management

- Receive letters from Japan and bring to the school
- Receive children's letters from school and send to Japan
- Make sure there are letters from all the children who received letters from their Japanese penpals

Send financial report

- Make annual financial report of the project (how the donation was used)

Free The Children Japan

Find participants (donors)

- Through website, SNS, Emails, ads, etc.
- Aim: 50 participants

Letter management

- Collect letters from Japanese participants,
- Send letters to Preda
- Receive letters from Preda
- Send letter to the participants
- Manage participants list

Send report to donors

- Create annual project reports based on the reports/updates provided from School and Preda.

Send donation to Preda

- Make annual donation based on the number of the participants

Contact

Information

FREE THE
CHILDREN

Free The Children Japan

Address



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Setagaya, Tokyo 157-0062 JAPAN

Website



<https://ftcj.org/>

Email



sanae@ftcj.org Sanae Nakajima
yuniko@ftcj.org Yuniko Suzuki

Phone



+81-(0)3-6321-8948


Children's profile

When a new child join the penpal program, we will need a profile of the child. This includes the name, age, grade, and the information about their family,

We will send the profile to our new donor who wants to join this program. And the donor will write their first letter to the child and send with their profile.

FREE THE CHILDREN ペンパルキッズ プロフィール 認定NPO法人フリー・ザ・チルドレン・ジャパン

Your penpal profile



MY NAME IS
Anne Dulang

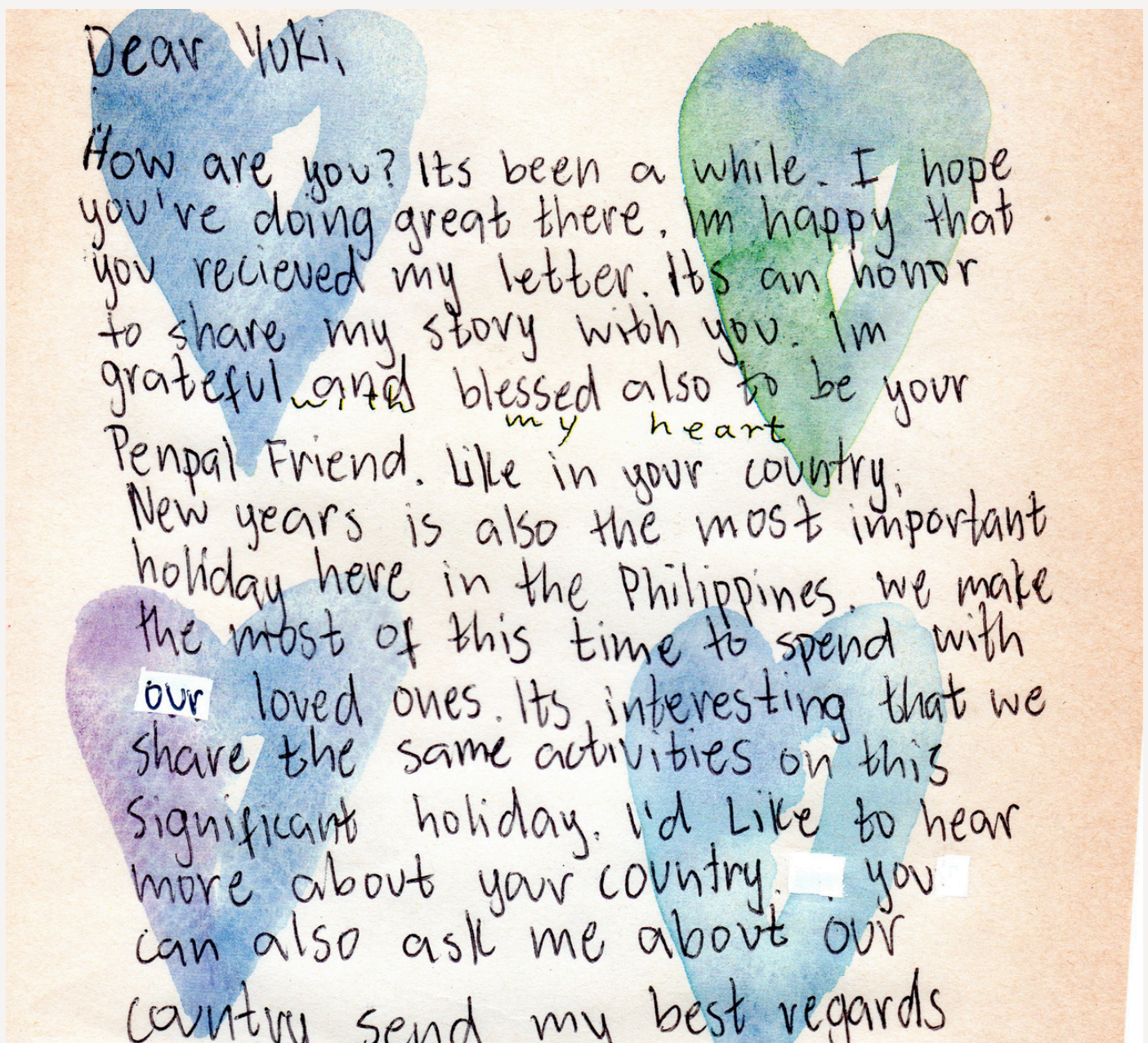
Date of Birth: March 29, 2014
Age: 9 yrs old
Grade level: 4
Hobby: Reading
Family members : Father, Mother, 2 sisters
(Age 11 and 4)
Occupation of Parents: Farmer

生年月日: 2014年3月29日
年齢: 9歳
学年: 4年生
趣味: 読書
家族構成: 父、母、姉(11)、妹(4)
両親の職業: 農家

Example of letters from children

Children can write about their **family** (parent's jobs, siblings etc.), **culture** (tradition, food..), **school** (favorite subjects, activities etc.), **hobbies**, or any stories they want to share with their Japanese friends.

They can ask their Japanese penpals questions they want to know. If Japanese penpals ask them questions in their letters, please encourage the children to answer to them in the next letter.



Example of letters from children

©FELISSIMO

4-17-24

Good day to you, Juni I am glad because you have read my letter for you..

I just want to share that here in the philippines the weather is extremely hot and our crops have also been affected because the heat has been intense from March until now.

Even in our current situation the Excitement I feel cannot be replaced because our elementary graduation fast approaching I'm also nervous because in the next school year, I will be in high school and I wish to overcome all of the challenge that come into my life

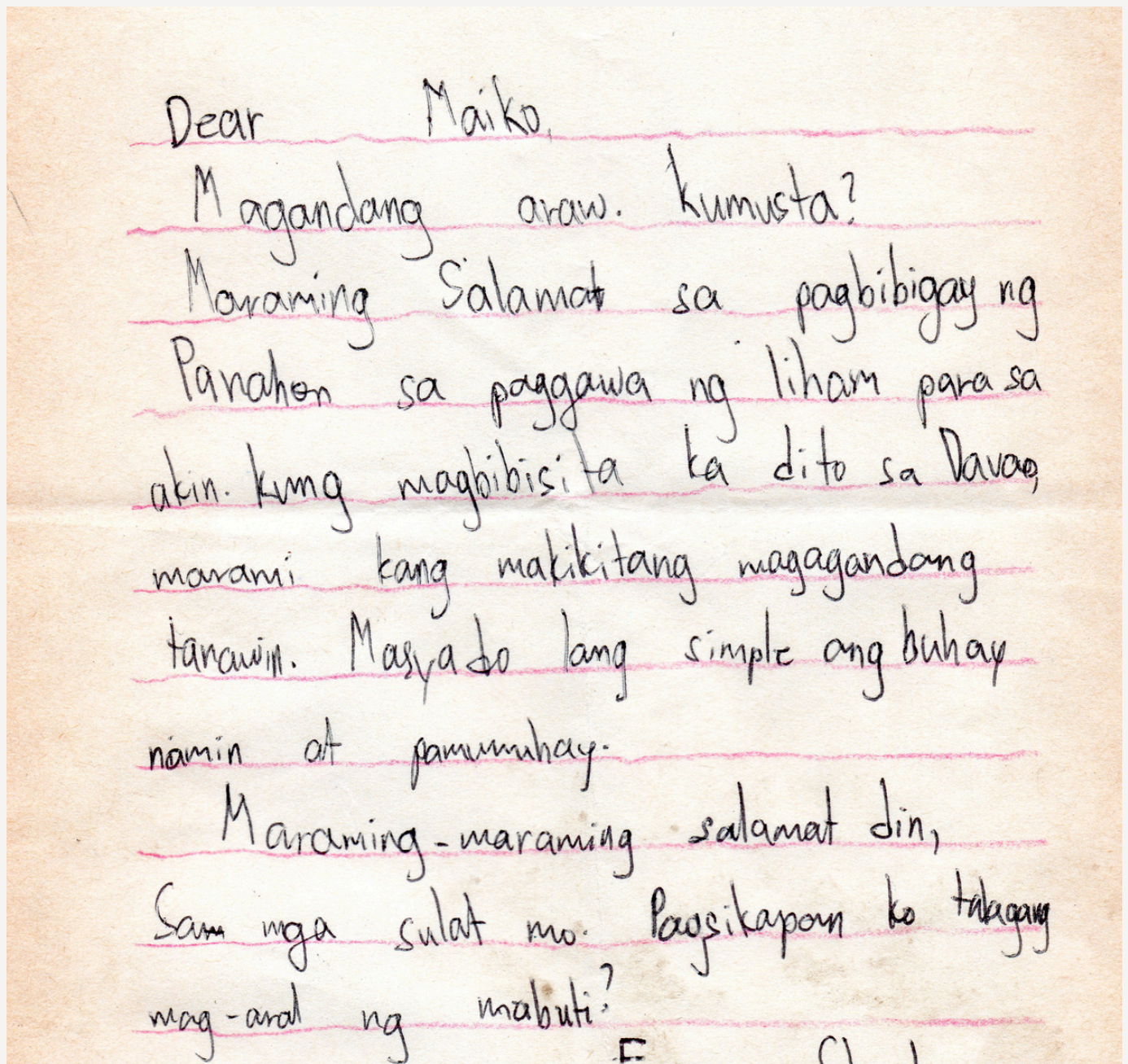
Thats all for now until next time. I hope you are in good condition there with your family Godbless us.

From: Ramly

Example of letters from children

Please encourage children to write their letters in English if possible.

If the child cannot write in English, they can write in Tagalog. We will translate for the donors (we may ask your staff's help if we cannot understand the meaning).



Example of letters from children



Little children can draw pictures of their house, family, village etc. for their penpals instead of writing.

Or they can write messages and draw!

